



Speaker Bio — Kent Julian

Kent Julian is a lot of things... family man, swim coach, professional speaker, and proud bald guy, but this hasn't always been the case. Kent started out as an at-risk kid with severe learning challenges and SATs scores so low he had to take Development Studies just to get into college—on probation. From these humble beginnings, he went on to lead a national youth organization so that he could help teenagers just like him. After 20 years in non-profit work, he did something crazy... he launched two successful businesses. Now as a high performance and productivity expert, he speaks, writes, and consults leaders all over the world.

You can find his work online in places like Entrepreneur.com, Success.com, GoodMenProject.com and more. To find out more, visit LiveItForward.com or check out his podcast: *The Live It Forward Show*.

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